



Ardleigh St. Mary's Church of England Primary School (Voluntary Controlled) Primary School



Weekly Newsletter Number 5 W/B 28.09.20



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Type 1



Diabetes

Type Onesie Day

Next Monday, the 5th October 2020, we will be holding our 5th annual Type Onesie Day.

Earlier this week a flyer was sent out to all families with the details about the day.

We are involved in this event as one of our pupils, Daniel Cardew in Year 5, was diagnosed 5 years ago with Type 1 diabetes and the 5th of October was the date of his diagnosis.

The children can come to school in an onesie or their pyjamas and bring a £1 donation, which will be sent off to the Pendsey Trust. Part of the day involves raising awareness of diabetes, particularly Type 1 and what it means for the child and those around them.

Mrs Brotzman, Dan's mum, has written an explanation for you:

On 5th October 2016, Dan was diagnosed with Type 1 Diabetes. Type 1 Diabetes occurs when the body's immune system, the system for fighting infection, attacks and destroys the insulin-producing cells in the pancreas. Scientists think type 1 diabetes may be caused by environmental factors, such as viruses, that might trigger the disease, but more research is needed. There is no cure for Type 1 Diabetes, and it can occur in any person at any age. Even some newborn babies have Type 1 Diabetes.

Your kind donations towards our chosen charity, The Pendsey Trust, are very much appreciated. You can read more about the amazing work Pendsey Trust do here www.thependseytrust.org

We hope you feel you can support this event and help raise awareness for Type 1 Diabetes.

Many thanks.



Christian Values

AUTUMN TERM'S CHRISTIAN VALUE IS - COURAGE

COURAGE



Dates For Your Diary

- *05.10.20 Type Onesie Day - details sent out 28.09.20
- *16.10.20 Show Racism the Red Card Day - details to follow
- *23.10.20 Break up for half term
- *02.10.20 Return to School
- *27.11.20 Non Pupil Day
- *01.12.20 Full Governing Body Meeting - 6.30pm start
- *18.12.20 Break up for Christmas Holidays



Friends of Ardleigh St Mary's School
Fun and Fundraising Together

Please Help Us Collect!

We are collecting plastic bottle lids (any colour or size) to make a mural for the new Class Two garden.

If you are able to help us collect, please ensure they are clean. Bring them along to school and deposit in the buckets, marked 'Plastic Lids', located by the school gates.

Thank you for your help.



Church News



Do join us for our Harvest Celebrations this Sunday 4th October

9.30am Rise n Shine at Dedham (45 minutes for all ages)

11am Harvest Celebration at Ardleigh

5pm Compline Harvest Celebration at Dedham

We're collecting for the **Colchester Food Bank** in both church porches,

check out <https://www.facebook.com/FoodBankColchester> for current needs

Meals - Lunch Menu



The menu for the week beginning 05.10.20 is Menu 75

Additional Letters



* Church Chimes was sent out 01.10.20

Please don't forget, if you have any issues or queries you want to discuss with any member of Staff please contact us either by email, telephone or via Class Dojo.



Have a lovely weekend.

Take care - From all at Ardleigh St. Mary's

