

Ardleigh St. Mary's CEVC Primary School
PSHE Overview - 2020-2022

2020 - 2021 - CYCLE A							
All themes follow the SCARF PSHE Programme unless otherwise stated							
Class	Autumn Term 1		Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
1	Me and My Relationships		Valuing Differences	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
2	Mental Health and Wellbeing (PSHE Association Units)	Me and My Relationships (Y1)	Valuing Differences (Y1)	Keeping Myself Safe (Y1)	Rights and Responsibilities (Y1)	Being My Best (Y1)	Growing and Changing (Y1)
3	Mental Health and Wellbeing (PSHE Association Units)	Me and My Relationships (Y3)	Valuing Differences (Y3)	Keeping Myself Safe (Y3)	Rights and Responsibilities (Y3)	Being My Best (Y3)	Growing and Changing (Y3)
4	Mental Health and Wellbeing (PSHE Association Units)	Me and My Relationships (Y5)	Valuing Differences (Y5)	Keeping Myself Safe (Y5)	Rights and Responsibilities (Y5)	Being My Best (Y5)	Growing and Changing (Y5/6)
2021 - 2022 - CYCLE B							
All themes follow the SCARF PSHE Programme unless otherwise stated							
Class	Autumn Term 2		Autumn Term 3	Spring 2	Spring 3	Summer 2	Summer 3
1	Me and My Relationships		Valuing Differences	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
2	Me and My Relationships (Y2)		Valuing Differences (Y2)	Keeping Myself Safe (Y2)	Rights and Responsibilities (Y2)	Being My Best (Y2)	Growing and Changing (Y2)
3	Me and My Relationships (Y4)		Valuing Differences (Y4)	Keeping Myself Safe (Y4)	Rights and Responsibilities (Y4)	Being My Best (Y4)	Growing and Changing (Y4)
4	Me and My Relationships (Y6)		Valuing Differences (Y6)	Keeping Myself Safe (Y6)	Rights and Responsibilities (Y6)	Being My Best (Y6)	Growing and Changing (Y6)